

David, king

Trigger

Keep Your Heart

Material

- Blindfold
- Earplugs



Steps

1. Start the discussion with the children by asking: Do you have a heart? Of course! We wouldn't be alive if we didn't have a heart. Often, when we talk about our hearts, we are not just talking about the organ of our body that pumps blood. We talk about our emotions and the things that drive us. This is what we refer to when we tell someone that we love them with all our heart.
2. Put the blindfold over your eyes.
3. Continue. We can protect our hearts by controlling the things we see. Maybe you've watched a movie you shouldn't have seen? You may have seen a photo that you should not have seen. Or maybe you've read something that God doesn't like. We must protect our hearts by controlling the things we see. Sometimes when we watch TV or go on the web, there may be inappropriate things... then we have to blindfold ourselves! That is, we can change channels or sites.
4. Put the earplugs on.
5. Continue the lesson. Do you know what this is? (Wait for an answer.) I can't hear you... you have to speak louder. (Make everyone scream.) Maybe I should take them off? (Then remove them.) I can hear you so much better now. We can also protect our hearts by controlling the things we hear. Maybe you hear someone telling a joke or a story that is in bad taste: you can just leave. Or maybe all your friends like to listen to a band with coarse lyrics and you know that they don't really honor God. Well, you have to control these things and not listen to them!
6. Complete. Why is it so important to keep our hearts? The Bible says it controls everything we do. If we always look at and hear bad things, it fills our hearts with bad things. If our hearts are filled with these evil things, that is what will happen in our actions and in the way we speak, and it will not please God. Proverbs 4:23 tells us to keep our heart more than anything else. This is what King David did and God loved his heart very much. It doesn't mean that we never get it wrong, but that we think and decide not to let certain things into our hearts.

Key Verse

Psalm 139:23

Multimedia & Clips

Images

freebibleimages.org

Clip-YouTube

1. King David: Part 4 - David Becomes King
2. God's People: David
3. David's Prayers

Object Lesson

Choose Your Box

Material

- Different boxes (attractive and ordinary, small and large, wood, etc.)
- Several articles
- Stethoscope (a real one if you can, if not a toy)



Steps

Part 1

1. Place items in different boxes such as money, candy, toys or even less interesting items like rolls of toilet paper, paper, etc.
2. Choose children in turn and ask them to select a box.
3. Then, when the children have their box, ask them to say why they chose this box? (beautiful, small, I took what was left, etc.)
4. Let them open their box. Some will be happy with the content, others will be disappointed.
5. Draw a parallel with the fact that you are often fooled by the external appearance to choose. Fortunately, God does not choose as we do...



Part 2

1. Approach the children and pretend to listen to the hearts of many.
2. Introduce them to the lesson.
 1. You may not feel good enough to be chosen by God. Perhaps you have made mistakes or are not the prettiest, smartest or most popular person? Maybe you're used to being the last one chosen at school or sports teams. Yet God doesn't look at the things that people look at. 1 Samuel 16:7: "Do not consider his appearance or his height, for I have rejected him. The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart." He doesn't look at how beautiful you are, or how successful you've been. God looks at your heart.
 2. He wants to know if you are thinking of thoughts of love and compassion or hatred and forgiveness. God wants to know if you love him or if you are bored or tired of him. David was not chosen because he was beautiful, whereas he was. He was chosen because of his heart. His own father did not believe in him and had not even brought him for Samuel to choose him (1 Samuel 16:11), yet God had known David all his life. God knew David was the perfect boy to be king. He was only a shepherd, but when God looked at him, he saw a king.
 3. Maybe your father abandoned you or even neglected you. Remember that your heavenly Father, God, knows who you are. He knows your name and he chose you. He loves you so much! You are loved by the creator of the universe! All he cares about is your heart. So how's your heart?

Songs

www.youtube.com

- God Is Good
- Jesus Loves Me

The Heart Of The Father

& Prayer

David wanted to keep his heart pure, it wasn't always easy. We are also faced with this: KEEP OUR HEART PURE. But life brings us all kinds of situations where our hearts are tested, where bad things come out of our hearts.

David became a great king, but Saul, who was jealous, tried to kill him several times. Each time, David chose to keep his heart pure and forgave him.





Are there people around you who have hurt you? And you know you have to forgive them because the feelings you have towards them aren't nice? Forgiveness is not always easy to make, but the Father helps us to forgive. On the cross, Jesus said this to his father: "Father forgive them because they do not know what they are doing" (Luke 23:34). Jesus had a pure heart and David had that same heart. You too can have that same heart.

Application

1. Place a bristol board heart on a wall.
2. Ask children to write on a paper the name of someone they must forgive.
3. Ask them to put their paper in an envelope on which they must write "I choose to forgive".
4. Finally, ask them to stick this envelope on their hearts. The heart represents the heart of the Father.

Craft

Colouring Heart Mandalas

Material

- Heart Mandalas in sufficient quantity (attachment)
- Colouring crayons

Steps

1. Distribute a heart mandala to each child.
2. Ask the children to colour the heart they think represents King David.



Activity

Keep Your Heart!

Material

- Small plastic hearts
- Ice cubes trays
- Plastic bags



Steps

1. Before class, freeze small hearts in ice cubes, then put them in plastic bags so it doesn't leak.
2. Give all the children an ice cube and tell them to use their hands to melt it until they touch it. After a while, the ice may begin to cause pain, but the children will surely continue until they find the heart inside.
3. Once all the children have managed to melt their ice cube, explain that repentance (change of direction) forces us to change our minds.
4. Tell the children that we have to change our minds so we don't want to keep sinning. We must align our will with that of heavenly Father. Just like trying to melt the ice cube, it can sometimes be a long and



painful process, but the Lord will help us and in the end we will have joy because we do what our heavenly Father wants us to do.

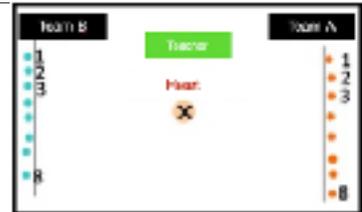
5. Make the connection with the story of the day. King David wanted to keep his heart more than anything else.

Physical Activity

The Heart In The Middle

Material

- 1 heart made of paper, foam or other non-fragile material
- Painter's tape



Steps

1. Divide the children into two teams of the same number.
2. Draw two lines on the ground about 20 meters apart using the painter's tape.
3. Place a heart in the center of the field, equal distance from both teams. Players stand face to face along both lines to occupy the opposite corner.
4. Then tell them to number (see diagram).
5. Stand near the center and call a number.
6. Both players with this number must go to the center of the field and try to catch the heart and bring it back behind their line without getting touched. If a player succeeds, the team scores 2 points.
7. From the moment a player catches his heart, he becomes vulnerable, that is, if he is touched by his opponent before joining his side, the opposing team scores 1 point and his team has 0.
8. Generally, both players observe and try to deceive their opponent with feints in order to grab the heart.
9. If, after one or two minutes, none of them have grasped the heart, call another number for backup. In this case, players can only touch the opposing player with the same number as them.
10. The winning team is the one that has a set number of points first.
11. Refer to keeping his heart.

Snack

Melon Hearts Brochette

Material

- Melons
- Heart-shaped cookie cutter
- Wooden sticks
- Bowl





Steps

1. Before class, trim the melons and cut them with a heart-shaped cookie cutter.
2. Place the pieces of fruit in a bowl in the center of the table.
3. Distribute a wooden stick to each child.
4. Ask the kids to poke fruit hearts in the stick.
5. Remind them that David was a king according to the heart of God.

Optional

You can also make the brochettes in advance and offer them to the children.