

# Delilah

## Trigger

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### A Hair Sample

#### Material

- Container
- Hair strand



#### Steps

1. Place the strand of hair in the container.
2. Let the children look at the sample.
3. Make the connection with the story you'll be telling. In the Bible, Delilah cut Samson's hair.

## Key Verse

### Judges 16:19

## Multimedia & Clips

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### Images

[freebibleimages.org](http://freebibleimages.org)

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### Clip-YouTube

1. 21 Samson
2. Samson and Delilah

## Object Lesson

### I Need To Choose Well

#### Material

- Children's scissors

#### Steps

1. Show the scissors to the children.
2. Explain how Delilah cut Samson's hair. She was not a good friend to him.
3. Recite and mime the rhyme. Encourage the children to do the gestures with you.



#### Nursery Rhyme

- Head, shoulders, knees and toes.
- (Touch each of the parts mentioned.)
- God knows me from head to toe.
- (Point to the sky, then touch your head and then your feet.)
- He knows everything I need.
- (Point to the sky at "he," then your head to "knows," spread your arms to "everything" and point to yourself for "I" and put your arms in front of you with your elbows bent and your palms facing the sky, fold your fingers over your palms to "need.")
- And helps me choose good friends.
- (Yell this last line.)

## Songs

[www.youtube.com/PhilippeChasse](http://www.youtube.com/PhilippeChasse)

- This Is Amazing Grace
- This Little Light Of Mine

## The Heart of the Father

### & Prayer

Are the people around you always nice to you? No, sometimes friends hurt us and make us sad. Sometimes it's with their actions (they push us, kick us), sometimes it's with words (they tell us bad words or tell others bad words about us). Delilah was Samson's friend and yet she did something wrong to him. She revealed the secret of his strength to bad people and these people hurt Samson. Samson had a lot of trouble. His friend, the one he loved, hurt him by telling his secret and



allowing people to hurt him.

Have you ever experienced anything like this? Or did friends behave badly towards you? Yes, I have. And when that happens to us, we have a lot of trouble. You are tempted to be angry at the person and never want to talk to them again. It is important to learn at a young age to forgive people who hurt you. You also have to learn to pay attention to the people around you so you don't hurt them either by your behavior or by your words. Loving people and respecting people is always the right way to behave. When people do bad things to you, always remember that you are not alone, that you have a Father in heaven who loves you and is always there for you. At any time, you can talk to him and tell him about your grief and your problems. He will then help you forgive and do the right thing. Learn to talk to him and listen to him, he has things to tell you also.

## Prayer

"Father, I want to love the people around me as you love me and I want to behave well with them, help me to be good. Also, help me forgive people who have done wrong to me, I give you all my sorrows and I receive the love you have for me. I love you. Amen."

## Application, Discussion With Children

Explain to me the behaviors that some people have had towards you that have hurt you.  
Tell me about the behavior you've had towards some people that have hurt them.

## Craft

### Scissors

#### Material

- Cardboard (a box of cereal works well)
- Coloured pencils
- Markers
- Tape with patterns
- Paper fasteners (brads)
- Display pins or tacks



#### Steps

1. Prepare the equipment before class.
2. Cut the piece of cardboard in half.
3. Cut the shape of the scissors into the two pieces: a hole for the fingers and a tip at the end.
4. Then, using the bulletin board pin, make a hole about 1 inch (2.5 cm) from the finger hole on each piece of scissor.
5. Distribute the scissor-shaped pieces of cardboard to the children. Tell them to decorate them with pencils, markers or tape with patterns.
6. Ask the children to tie the two pieces of cardboard together with the paper fasteners to finalize their scissors.
7. Make the connection with the story of the day.

## Activity

### Cutting Hair

#### Material

- Scissors
- Toilet paper rolls
- Markers



#### Steps

1. Before class, prepare 1 little Samson per child. To do this, cut the top of the toilet paper rolls to make a hair effect and draw a smiling face with a marker.
2. Give each child a toilet paper roll.
3. Ask the children to cut Samson's hair with scissors.

## Physical Activity

### Take The Braids

#### Material

- An image of Samson
- Scissors



#### Steps

1. Cut the image of Samson's hair into several pieces.
2. Drop the images of Samson's hair as well as face all together at one end of the class.
3. Ask the children to line up at the other end of the class.
4. At your signal, tell them to run one at a time to get a strand of hair belonging to Samson (a piece of paper) and come back to tap into the next child's hand.
5. The next child then picks up another piece and comes back to let the next child go.
6. The game ends when Samson has lost all his hair.

#### Optional

You can form two teams and have two Samsons. The team that takes all of Samson's braids first wins.

## Snack

### Hair To Cut

#### Material

- Spaghetti
- Grapes
- Scissors

#### Steps

1. Before class, cook spaghetti and cut grapes in half.
2. Ask the children to make Samson with the grapes and make his hair with the spaghetti.
3. Ask the children to cut Samson's hair with the scissors as Delilah did.

#### Optional

- It is not imperative to use spaghetti, you can use any cooked long pasta.

