

# Esther

## Trigger

### The King's Feast

#### Material

- Chocolate bars
- Crown
- Plastic knives and forks



#### Steps

1. Ask the children to sit in a circle.
2. In the center of the circle, place a chair with a crown, fork, knife and chocolate bar wrapped in gift paper.
3. Ask the children to roll a dice in turns.
4. If someone gets a 6, he goes to the center of the circle, puts the crown and starts opening the package and eats chocolate with the fork and knife.
5. But in the meantime, the dice continues to circulate... and another child can have a 6 at any time and come and take his place. (Each new participant changes the knife and fork.)
6. The game stops when the chocolate bar is eaten!
7. Tell the children that in the story of the day, there was a queen, Esther, who regularly went to feasts.

#### Optional

- You can repeat the game with another chocolate bar, the children will volunteer to continue the activity!
- In the end, you can give chocolate to those who didn't get a 6 and couldn't enjoy it!

## Key Verse

### Proverbs 3:26

## Multimedia & Clips

#### Images

[freebibleimages.org](http://freebibleimages.org)

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## Clip-YouTube

1. Esther: Old Testament Heroes - 5 Minute Family Devotional
2. The Story of Esther
3. God's Story: Esther

## Object Lesson

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### Courage (the pendulum)

#### Material

- 2 ladders
- 1 tennis ball attached to a rope

#### Steps

1. Ask 2 children to climb the ladder and hold the rope on which the tennis ball is attached.
2. Ask a child to come. He has to put the ball under his chin and let it go.
3. Does he have enough courage? The children will have understood that the ball will come back to hit the one who let it go.



## Songs

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[www.youtube.com](http://www.youtube.com)

- My Hope Is In The Lord
- God Is Good

## The Heart Of The Father

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### & Prayer

Having fears is normal. It is what you do with those fears that changes everything. Fear can paralyze you and prevent you from fulfilling the Father's plan for your life. For example, if I am afraid to speak in front of people because I am afraid that others will laugh at me and the Father wants me to be a pastor when I grow up, then there is a problem. But if I give my fear to the Father and learn to control it, then I will be able to walk in my destiny.

Esther knew that she could not appear before the King without first being invited, but she placed her trust in her Father and she presented herself before the king and she had the king's favor over her life.

By learning to trust the Father, you will be able to face your fears and accomplish things you never thought you would be able to do. Do you really think the Father's plan for your life is that you walk in fear? Do you really think that when the Father dreamed of you, he saw you shy, filled with fear? Not at all, he saw you as a go-getter, full of confidence, and full of audacity, etc. His plan for your life is to reverse all your fears and turn them into something good and powerful.

## Prayer

"Father, show me if there are fears lurking in my heart, and if so, help me trust you and not walk in life according to my fears. Thank you because you are with me and you help me every day."

## Application

1. Ask children to identify their fears and write them down on paper.
2. Then ask them to find the opposite of their fears and pray that the Father reverses their fears and turns them into something good.

## Craft

### Fortified Heart

#### Material

- Paper plates
- Scissors
- Wool
- Pen



#### Steps

1. Give each child a plate.
2. Fold the plate in half and draw a half-heart in the middle.
3. Cut out the shape and open the plate to see the whole heart.
4. Make holes with the pen around the cut-out heart.
5. Pass the wool through the holes in any order the child wants to make a fortified heart.

#### Optional

You can use a punch to make it easier to weave the wool.

You can use a plastic needle to help handle the wool or you can make one yourself using a paper clip (see image).



## Activity

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### Esther's Musical Dance

#### Material

- Foam squares

#### Steps

1. This is the principle of the musical chair.
2. Arrange foam squares all over the room (one less than the number of children).
3. Put on some music.
4. To the sound of music, tell the children to dance everywhere.
5. When you stop the music, tell them to stand on a square.
6. Whoever can't find a square is eliminated.

## Physical Activity

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### Knights, Kings And Queens

#### Material

- None

#### Steps

1. Ask the children to put themselves in teams of 2 and face each other at a distance of about 1 meter. This will make 2 lines.
2. When you shout "Knight," the child who is in the right line must then sit on the back of his partner who is on all fours and plays the role of the horse.
3. When you shout "Queen Esther", the child who is in the right line must jump into the arms of his teammate.
4. When you shout "King," the child in the right-hand line must sit on his teammate's raised leg.
5. The last team to make the move is eliminated. The more the game progresses, the greater the distance between the players.



## Snack

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### Esther's Feast

#### Material

- Plastic cups
- Cupcakes (small cakes)
- Candy of all kinds



#### Steps

1. Recreate the sumptuous buffet to which Esther was invited. To do this, put candy in the bottom of the plastic cups and add a decorated cupcake.
2. Serve to children (for a healthier version: fruit cups).