

# **Jonah**

## **Trigger**

### The Inside Of The Fish

#### **Material**

- Pail
- · Blue paper
- Garbage bag
- Fish image
- Yellow jelly (Jello)
- Various objects: bouncy ball, giant paper clips, plastic toys, etc.
- Image of a person



### **Steps**

- 1. Put the garbage bag in the pail and wrap the pail in blue paper.
- 2. Glue the fish image, mouth up, on the front of the pail.
- 3. Make yellow jelly (Jello) in the pail.
- 4. Then add the various objects with the image of a person representing Jonah in the yellow jelly that is in the pail. Let the jelly set in the refrigerator.
- 5. Ask the children to take turns to go through the contents of the pail to find Jonah.
- 6. Make the connection with the story you will tell. In the Bible, Jonah was in a fish.

## **Key Verse**

#### Psalm 139:1-2

## Multimedia & Clips

#### **Images**

freebibleimages.org

### Clip-YouTube

- 1. God's Story: Jonah
- 2. Jonah and the Fish



## **Object Lesson**

### I Love The Way God Created Me

#### **Material**

- Image of a sun
- Bible

## Steps

- 1. Ask a child to take the image of the sun and show it to the other children.
- 2. Say: "My eyes see (the sun). What do your eyes see? God made (the sun). I like to see (the sun)."
- 3. Repeat with the other two forms.
- 4. Say the nursery rhyme to mime again.
- 5. After saying the last line, say: I love my eyes that see the sun, the moon and the stars. Thank you, my God for my eyes that see."

### **Nursery Rhyme**

- I love the way God created me (Point to the sky and nod with a smile.)
- From the head, to the toes (Touch your head, then your feet.)
- What do I like? Well, let's see...
  (Extend your hands as a question mark, then pat your cheek as a sign of reflection.)
- I'll tell you 1, 2, 3. (Count with your fingers.)

## Songs

## www.youtube.com/PhilippeChasse

- Jesus Love's Me
- Made For This



### The Heart of the Father

### & Prayer

Imagine for a moment being swallowed by a fish. It must have been terrifying for Jonah. God had given Jonah a mission and he did not want to fulfill it, he instead decided to flee away from God by taking a boat in the opposite direction to where God asked him to go.



Oh, that looks like us sometimes, doesn't it? We have all experienced a situation where we have faced two choices, that of obeying or disobeying. Like when our parents ask us for something and we know we have to obey and we decide not to do it. When we choose to disobey, we must

live with the consequences that come with our disobedience.

For Jonah, the consequence of his disobedience was to be swallowed by a fish. Jonah wanted to flee away from God, but he simply could not because God is everywhere and the love the Father has for us is greater than our disobedience. Even in the belly of the fish where it smelled bad, the Father was there with Jonah, he was there to love him, to reassure him and to help him choose to do good. When Jonah decided to do good, the fish vomited him on dry land and Jonah went to proclaim the gospel to Nineveh just as God had asked him to. Jonah was terrified of the mission God had given him. He had forgotten who he was, he had forgotten that he was a son and that his Father was with him at all times, that his Father would never ask him for something he could not do.

The Father is with us at all times and with Him we are able to accomplish great things.

#### **Prayer**

"Father, I ask forgiveness for all the times I have chosen to disobey instead of obey. Help me never forget that you are there with me at all times, and that you help me to obey. Help me remember that I can always count on you at all times. Help me live in your love and experience it every day. I love you. Amen."

### **Craft**

#### Jonah And The Whale

#### **Material**

- 2 paper plates
- Construction paper
- Images of objects(PDF)
- Scissors
- Blue and pink paint
- Googly eyes
- Glue





### Steps

1. Before teaching, print the sheet of objects and the template of the whale for each child.



- 2. Distribute the sheets of paper to the children and ask them to cut up the items.
- 3. Ask the children to cut the three fins and tail of the whale.
- 4. Ask them to paint the fins and the outside of a plate blue.
- 5. Then ask them to paint the inside of a plate pink.
- 6. Ask the children to glue the tail on the blue plate.
- 7. Then ask them to glue the fins on the sides of the plate.
- 8. Ask them to glue the two plates together. Make sure the pink side is inside the plate and placed under the other plate.
- 9. Place all objects in the whale's mouth.

## **Activity**

### Feeding The Fish

#### **Material**

- Plastic jar
- Pompoms
- Plastic pliers
- Blue construction paper
- Googly eyes
- Large plastic bin

### **Steps**

- 1. Before class, prepare the fish. To do this, cut a fish tail into the blue construction paper and glue it on the plastic jar.
- 2. Place the pompoms and plastic jar (fish) in the large plastic bin.
- 3. Give the children each a turn, to use the plastic pliers to put the pompoms in the plastic jar to represent the fish that eats Jonah.

## **Physical Activity**

#### The Fish Eats Jonah

#### **Material**

- Fish
- Jonah

#### **Steps**

 Ask the children to try to put Jonah in the fish using only one hand.







### Material (to make fish and Jonah)

- Blue plastic cup
- Googly (medium size)
- Glue or two-sided adhesive tape
- Template of tail (attachment)
- Blue construction paper
- String
- White or yellow balloon
- Permanent marker
- Flour or rice

#### **Steps** (to make fish and Jonah)

- 1. Make a hole in the bottom of the cup.
- 2. Cut a string about a meter long.
- 3. Thread the string through the hole and attach it together on the other side of the cup. So there will be a string wrapped and tied around the edge of the cup.
- 4. Print and cut the pattern of the tail.
- 5. Glue the tail on the base of the cup (or use two-sided tape).
- 6. Fill a white or yellow balloon with flour or rice without inflating it and attach it.
- 7. Ask the children to draw a person on the balloon with the permanent marker.
- 8. Attach the balloon to the end of the string.

### **Snack**

#### The Tree Of Jonah

#### **Material**

- Pretzels (9 per child)
- Large pretzel (1 per child)
- Grapes (17 grapes per child)
- Plates
- Napkins

#### **Steps**

- 1. Give each child a plate.
- 2. Place the ingredients in front of the children and ask them to make a tree.
- 3. Explain how Jonah's tree grew and was destroyed in a short time.

