

Mary

Trigger

Anything Is Possible!

Material

- 355 ml can
- Water



Steps

Manipulation

1. Take a 355 ml can and fill it with water, about a third of its volume. Then tilt it on its rounded bottom edge. It must then remain in balance. Finally, lightly push the top of the can to make it turn on itself. Impressive, isn't it?

Spiritual parallel

1. Tell the children that sometimes some things seem impossible to us. "But how will this happen?" God always has a way of doing things, which at first escapes us. But if we trust him, anything is possible!

Simple explanations

1. If the can is empty, it cannot be held in an inclined position, it falls systematically. Similarly, when it is full. The "trick" is to put the right amount of water so that there is so much water on either side of the vertical rotation axis that passes through the point on which the can balances. The water that is added to the can is a weight. In order for the can to hold in balance, this weight must be evenly distributed, just like the balance of a scale, and it is only in this condition that the center of gravity of the can is located on the vertical rotation axis. As soon as the weight is not evenly distributed, the center of gravity of the can is no longer located on this axis, and the can falls.

Key Verse

Psalm 143:10

Multimedia & Clips

Images

freebibleimages.org

Clip-YouTube

1. Superbook - Episode 8 - The First Christmas - Full Episode (Official HD Version)
2. God's Story: Christmas
3. The Story of Christmas (Mary and Joseph)

Object Lesson

Trusting God



Material

- 3 containers
- Vegetable oil
- Water
- Painter's tape

Steps

1. Tell the children that trusting God rather than worrying even when you don't know how things are going to happen, is exactly what Mary did.
2. Do the following object lesson.
 - Today I brought with me items that each of you could find in your home. First, I brought oil.
 - Hold the oil and pour it into one of the smallest transparent containers.
 - This oil will represent worry. Write the word worry on a piece of duct tape and stick it on the container as a label. The kids need to see it.
 - What does it mean to worry? Take some answers from the children. We worry when we are afraid or because we do not know what will happen.
 - I also brought water. Pour water into a second clear container.
 - I'm going to add some food coloring to the water so you can see it more easily. Add a few drops of food colouring to the water depending on the amount of water used and stir until homogeneous.
 - This water represents trust in God. Write the word trust on a piece of duct tape and stick it on the container. The kids need to see it.
 - What does it mean to trust God? Take the children's answers. Trusting God means that we remember that he is in control and knows everything. We don't need to be afraid because God takes care of us.
 - Does God want us to worry or trust him? Can we trust God and worry at the same time?
 - Let our "worry" and "trust" show us the answer. Can we trust and worry? Can they mix and perform at the same time?



- At the same time pour some of the oil and water into the third container. The oil and water will appear to mix at first. But as the children watch, they will slowly see the two separate. The oil will end up on top of the water.
- Hold the third container so the children can see it.
- Now that you've seen the display of worry and trust, can the two be mixed together and happen at the same time? No, our hearts cannot have full confidence in God and worry at the same time. The two don't mix. God wants us to trust him whenever we are tempted to worry, because he takes care of us. He controls and knows everything that has happened in the past, happens in the present and will happen in the future. God is more than worthy of our total trust.

Songs

www.youtube.com

- Go Fish Joy to the world
- My God is powerful

The Heart Of The Father

& Prayer

Marie had quite an experience. Imagine for a moment that an angel appears to you in your room and announces that you will become the mother or father of the son of God, Jesus. How would you react? "Me the mother of the son of God? Well no it's impossible! Mr. Angel, are you sure you have the right address?" Mary did not act like that. She accepted the mission that God entrusted to her, that of carrying her son and raising him. She said to the angel, "May God's will be done" (Luke 1.37-38). It was a mission that might seem impossible to accomplish, yet she did.

The Father may also entrust you with a mission that, in your eyes, seems impossible to do. But when you put all your trust in him, you get to do bigger things than you could have imagined. The impossible becomes possible, how? Simply by putting our faith in him and letting the Father act and do his work in us.

Discussion

Are there any missions that you refused because you felt unable to do so? Example: go and talk about Jesus to someone and at the last minute you felt unable.

Prayer

"Father, I'm putting myself available for you to use me. If you want to give me a special mission, I'm willing to accept it. I want to do your will in my life and follow you. Amen."

Craft

Maze

Material

- Fimo paste (for the small ball) or a small gum
- Wikki Stix wax sticks (sold at Walmart)
- Recycled CD cases
- Empty CD box
- Glue
- Coloured paper



Steps

1. Find empty CD boxes for all children and remove the central CD holders.
2. Give each child 1 box.
3. Tell the children to take the Wikki Stix (wax-covered ropes), cut them, fold them and create a maze inside their respective cases. The wax will stick to the plastic when they press firmly
4. Then tell them to create tiny little round balls by rolling Fimo in their fingers.
5. Then bake the small balls in the oven to harden (follow the instructions on the Fimo package).
6. Finally, tell the children to stick colored paper on the back of the CD holder.

Activity

Tasting Of Baby Jars

Material

- Several baby jars
- Spoons
- Headbands



Steps

1. Use the blindfold to hide the children eyes.
2. Let the children taste the various flavours of baby jars. They must try to guess what flavour it is.
3. Make the connection with the story of the day.

Physical Activity

Obstacle Course

Material

- 1 headband
- Chairs and various obstacles
- 1 cushion



Steps

1. Place chairs and obstacles all over the room.
2. Ask a child to put the cushion under their sweater as a baby and blindfold them.
3. Ask another child to give directions to the blind child so that they can get to the predetermined destination without encountering things. The partner who sees asks: "Do you trust me to guide you? Are you ready?"
4. You can use this game to illustrate faith, trust. How does this look like trusting God? How does God guide us? What is the destination that God has planned in advance for us? Is everyone's journey the same? Mary had to trust God even when she didn't know everything in advance.

Snack

Mary's Baby Pacifier

Material

- Life Savers Mint Candy
- Wilton Edible Glue
- Jelly beans
- Colored ribbons



Steps

1. Ask the children to stick together (with the edible glue) 2 Life Savers to make the shape of a pacifier.
2. Then ask them to stick a Jelly bean on that pacifier.
3. Finally, ask them to insert a ribbon and make a nice loop in one of the rings of the Life Savers candy.