

Moses

Trigger

One-Minute Game: The Pyramid

Material

- 20 soda crackers

Steps

1. Ask the children to lie on their backs (4 or 5 participants at a time)
2. In 60 seconds, they have to stack 20 crackers on their foreheads.
3. The fastest-performing participant or who has the most pyramid cookies at the end of the minute wins the game.



Key Verse

Hebrews 11:27

Multimedia & Clips

Images

freebibleimages.org

Clip-YouTube

1. Superbook - Episode 4 - Let My People Go - Full Episode (Official HD Version)
2. God's Story: Moses
3. Moses and the Tent of Meeting

Object Lesson

Our Fears

Material

- Headbands for each children
- Various foods cut into small pieces and placed in separate bowls (You can include unusual textures and flavors. Beware of allergies!)
- Here are some examples you might consider: chocolate 90%, anchovies, spices, avocado, dried beef, black liquorice, black olives, Brussels sprouts, candied ginger, carrot, celery, dried fruit, Graham Crackers, green olives, , green pepper, herring, jelly, jelly beans, kiwi, lima beans, M&M's, mango, maraschino cherries, marshmallows, melba toast, pears, peeled grapes, peppers, pickles, raw potatoes, shrimp crackers, prunes, radishes, raisins, raw onion, peanut butter cup, rhubarb, rice cakes, sliced ginger, sauerkraut, sweet potato, tomato, vanilla wafers, ginger, etc.



Steps

1. Tell children that one of the major problems everyone faces in life is the “fear of failure”. We all face this fear when we are forced to get out of what is familiar to us and try something new. This lesson begins with a taste test, then examines the story of Moses when God called him to serve him in Egypt.
2. Ask the children to sit on chairs in a circle, blindfolded.
3. Explain that you are going to circulate a tray of food and that they have to take a small piece of food from the tray, eat it and pass the tray to the next person. Tell them that they are not allowed to say anything that might reveal the content to others.
4. Once everyone has had a chance to taste all the foods, show and identify the different foods that were in the bowls.
5. Ask the children the following questions.
6. Finish the object lesson by praying that God will replace fear with faith and help all children practice it this week? “My God, I’m going to trust you in this area!”

Questions

- How did you feel when you did this taste test?
- What were some of the thoughts that were running through your head?
- What fears and worries did you have?
- What were some of the risks?
- How many of you have tasted something good?
- How many of you have tried something that you thought tasted bad?
- How do you feel when someone forces you to try something new?

Deeper Questions

Make the spiritual parallel.



Read Exodus 3: 7; 4:6

- Why did Moses give so many excuses?
- What were Moses' fears?
- Fear of failure was at the root of these things. How did God help Moses overcome each of his fears?
- Do we still have the same fears today when we are asked to try something new?

Application

- What excuses do you give when you are asked to try something new?
- What are your fears? What are you afraid to try? To do?
- Someone said it this way: I would rather try to do something great for God and fail, rather than do nothing and succeed.
- What is God asking you to do today that you are afraid to do?
- Why do you need to trust God in your life this week?

Songs

www.youtube.com

- One True God
- I Sing The Mighty Power

The Heart Of The Father

& Prayer

Moses did not have an easy life, it was filled with obstacles. Not long after he was born, the king ordered the killing of the baby boys. To save his life, his mother laid him in a basket and then on the river where the Pharaoh's daughter rescued him. Much of Moses' life was like this, he experienced difficulties, but each time the Father delivered him. He is an example of faith and trust in God, a good example that we can follow.

Are you going through some difficult things this morning? Are you rejected by someone? Are you dealing with huge problems, like the separation of your parents, the death of someone close to you, etc.?

Through all that he lived, Moses chose to put his trust in God the Father and he was rewarded for it. After seeing his people suffer for 40 years, he saw them delivered. He was visited by God on the mountain and received from Him the 10 commandments. He lived the glory of God in his life.

Moses is no different from you. If you put your trust in God the Father, you too will live and see great things and you will see the glory of God in your life. You will see the Father act in the most difficult situations of your life, you will receive a peace in your heart that no one can give you. You're going to get a joy that no one can give you.

Ministry Time

We will take time alone with the Father this morning and we will give him the difficult situations we are going through. We're going to give him the hard things we're going through right now. Then for those who wish, we will make the decision to trust him and let him work in our hearts and in the difficult situations of our lives.

Give children time to talk to the Father, to have a heart to heart with him.

Prayer

"Father, you see all the difficult situations in my life, you see the things that hurt me, I give them to you this morning. Father I need your help, I need you to help me through difficult situations, I need to know and feel that you are there with me and that you are walking with me as you did with Moses. Work mightily in these situations, do a miracle, and give me peace to get through these trials! I choose to put my trust in you and let you work in my life and in the lives of the people concerned. Amen."

Craft

Straw Painting / Burning Bush

Material

- White paper
- Container of red, yellow and orange paint
- Straws



Steps

1. Distribute a sheet of paper and a straw to each child.
2. Ask the children to put a few drops of red, yellow and orange paint on their sheet.
3. Then ask them to blow on the paint drops with a straw so as to make a fire.

Activity

Intellectual Activity

Material

- Pencils
- Hieroglyphics code (see image)
- Quiz
- White paper



Steps

1. Have the hieroglyphic code printed in sufficient quantities. Give one to each Child.

2. Ask the children questions about the lesson and tell them to write their answers in hieroglyphic writing.

Quiz

- On which river was Moses' basket deposited? (Nil)
- What was the first name of Moses' sister? (Myriam)
- What was his mother's name? (Jochebed)
- What was the King's name? (Pharaoh)
- What was his brother's first name? (Aaron)

Physical Activity

The Crossing Of The Red Sea

Material

- Coloured cardboard
- Construction tape



Steps

1. At both ends of the room, indicate two lines (start and finish) using the construction tape. Adapt the distance to be covered according to the age of the children.
2. Tell the children that they all have to cross the Red Sea.
3. Divide the children into two teams and place them in line behind the start line.
4. Give each child 3 coloured cardboards (these are stepping stones).
5. On your signal, the first child of each team cross the Red Sea. To move forward, they have to throw one of their cardboards and put their foot on it, then throw the second cardboard and move forward on it and so on. They move from one stone to another.
6. If they put their foot next to the cardboard, they have to go back to the starting line and start over.
7. When they arrive at the finish line, the second child of their team begins the crossing of the Red Sea.
8. The first team that finishes is the winner.

Snack

The Separated Red Sea

Material

- Graham cookies
- Blue cake icing
- Small fish-shaped candy
- Plastic knives





- Small paper plates

Steps

1. Give 2 cookies to each child on a paper plate.
2. Ask them to spread the blue icing only the ends of the 2 cookies to create a sea separated in two.
3. Ask them to put small fish-shaped candy on the icing.
4. It's the Red Sea split in two.