

# Rebekah

## Trigger

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### Bring The Water

#### Material

- 4 bowls
- Cotton balls
- 2 spoons



#### Steps

1. Place two bowls with cotton balls on one side of the room.
2. Divide the children into two teams and place the teams in front of a bowl.
3. Place the other two empty bowls at the other end of the class.
4. Place the children in two rows in front of their bowl and give a spoon to the first child of each team.
5. At your signal, children should take a cotton ball in the first bowl and transport it to the other empty bowl.
6. Then the child comes back and passes the relay to the next one.
7. Continue until both teams finish their bowl.
8. Make the connection with the story you tell. In the Bible, Rebekah carried water for camels.

## Key Verse

### Proverbs 16:1

## Multimedia & Clips

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### Images

[freebibleimages.org](http://freebibleimages.org)

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### Clip-YouTube

1. 4 Isaac & Rebekah
2. Isaac and Rebekah | Stories of Jacob | Animated Children's Bible Stories | Holy Tales Bible Stories
3. Eliezer Meets Rebekah

## Object Lesson

### I Need To Be Protected

#### Material

- Glasses of water

#### Steps

1. Ask a volunteer child to give each child a glass of water after the nursery rhyme and explain how Rebekah gave water to the camels.
2. Recite and mime the rhyme. Encourage the children to do the gestures with you.



#### Nursery Rhyme

- Head and shoulders, knees and toes  
(Touch each of the parts mentioned.)
- God knows me from head to toe  
(Point to the sky, then touch your head, then your feet.)
- He knows everything I need  
(Point to the sky at "he"  
then your head to "knows,"  
spread your arms to "everything from"  
point at you at "I have" and put your arms in front of you, elbows bent and palms facing the  
sky, fold your fingers on the palms to "need".)
- I need to be protected  
(Yell out this last line.)

## Songs

[www.youtube.com/PhilippeChasse](http://www.youtube.com/PhilippeChasse)

- I'm Trusting you
- Faith

## The Heart of the Father

### & Prayer

No one can stop the Father's plan in your life from being fulfilled When the Father decides something for his children nothing stops him. All kinds of



things try to stop him: the attitudes of some people, the difficult things in life, the bad decisions of adults around you, etc. The only person who can stop the Father's plan is yourself. How? By choosing to make bad choices for your life, by choosing to let the people around you influence you towards evil. When someone makes a bad choice around you, you don't have to follow them and do like them. You have to learn to live to please your daddy in heaven now. To make the right choice, you don't have to wait to be an adult, while you're still young, choose to do the right things, don't act like Rebekah, but make the right choices. Don't wait to be grown up, do it now!

## Prayer

You can say this prayer with me: "God father, thank you because you are faithful and because you keep your promises, help me to act like you and to keep the promises I make to the people around me."

## Craft

### Camel Mask

#### Material

- Template of the camel's mask (attachment)
- Coloured pencils
- Scissors
- Adhesive tape
- Wooden craft sticks (popsicle sticks)



#### Steps

1. Prepare a model mask to show to the children.
2. Beforehand, print camel masks on white cardboard.
3. Distribute 1 camel cardboard to each child. Ask them to calmly color their masks.
4. When the colouring is complete, ask the children to cut out the contour of the animal and the inside of the eyes. Some children will need help.
5. Give the children 1 wooden (popsicle) craft stick and ask them to stick it on the back of the image with tape so that they can hold the camel mask.

## Activity

### Finding The Differences

#### Material

- Templates of Rebekah (attachment)
- Pencils



#### Steps

1. Give each child a copy.
2. Ask the children to find the differences between the two pictures of Rebekah.

## Physical Activity

### Rebekah Gives Water To Abraham's Servant

#### Material

- 2 large bowls filled with water
- 2 large empty bowls
- 2 small plastic cups



#### Steps

1. Place two large bowls filled with water on a table at one end of the room.
2. Place the other two empty bowls on a table at the other end of the room.
3. Divide the children into two teams.
4. Place them in a line behind the table on which the two empty bowls are placed.
5. Give the small plastic cups to the two children at the beginning of the line.
6. At your signal, ask the children to run to the table where the bowls filled with water are placed. Tell them to fill their cup and bring it back to their base as soon as possible to pour it into the empty bowl.
7. Then they have to give the cup to the next child.
8. The first team to have finished emptying the bowl of water wins.
9. Make the connection with the story of the day: Rebekah gave water to Abraham's servant and his flock.

## Snack

### Rebekah's Well

#### Material

- 3 Pretzels
- 1 Square puffed rice
- 1 Red liquorice
- 1 Large marshmallow
- 1 Oval cookie
- Blue and green frostings
- Blue and green dyes



#### Steps

To make the dough

1. Cut your square of puffed rice in half to form the roof.
2. Hold the roof with icing.
3. Punch the marshmallow with two pretzels.
4. Hold half a pretzel with icing.
5. Pierce the puffed rice roof with the two pretzels.
6. Turn the red liquorice around the half pretzel.
7. Place the well on an oval cookie.