

Samson

Trigger

Don't Touch

Material

- Glass
- Grape juice
- Image of a dead animal
- Hair
- Scissors



Steps

1. In front of the children, fill the glass with grape juice.
2. Show them the image of the dead animal.
3. Show hair and scissors.
4. Explain how Samson was not allowed to touch any of these items.

Optional

If you want, you can tell the children not to touch any of the items during the whole lesson.

Key Verse

Judges 14:6

Multimedia & Clips

Images

freebibleimages.org

Clip-YouTube

1. Samson and Delilah
2. 21 Samson

Object Lesson

I Need To Grow Up

Material

- Ribbon to tie hair

Steps

1. Ask a young girl if she agrees to be have seven braids.
2. Make her seven braids as you recite the nursery rhyme.
3. Recite and mime the rhyme. Encourage the children to do the gestures with you.



Nursery Rhyme

- Head, shoulders, knees, toes
(Touch each of the parts mentioned.)
- God knows me from head to toe
(Point to the sky and then touch your head and then your feet.)
- He knows everything I need
(Point to the sky at “he”
then your head to “knows,”
spread your arms to “everything”
point at you at “I” and arms in front of you, elbows bent and palms facing the sky, fold your
fingers on the palms to “need”.)
- I need to grow up
(Scream this last line.)

Songs

www.youtube.com/PhilippeChasse

- This Little Light Of Mine
- This Is Amazing Grace

The Heart of the Father

& Prayer

Samson received a great mission from God, but his mission came with things to do that he had to respect: not to cut his hair and not to drink alcohol. In exchange for his obedience to God, he received incredible strength. A great strength. It must have been difficult at times for Samson to meet that request. But he was faithful and he respected God's request.



The Father has a great mission for you too, he has a mission for each of us. It's up to us to find out. What he asks you to do is obey him. There are always good things that happen when you obey God as well as your parents. When you tell mom and dad you're going to do something, do it, follow Samson's example. He had told God that he would obey and that he would not cut his hair, and he did. It's not always easy, but when you do it, good things come out of it.

Prayer

"Father I need your help, help me to obey and do what I said I would do. Sometimes I forget and sometimes I don't feel like doing it anymore, help me keep my promises. Amen."

Craft

Samson The Powerful Judge

Material

- 15 cm drawing of a face
- Paper (for arms)
- Coloured Pencils
- Craft sticks (popsicle sticks)
- Glue
- Wool



Steps

1. Draw and cut a face 15 cm in diameter for each child.
2. Draw muscular arms and cut them out for each child.
3. Give these to each child and tell them to colour the muscular face and arms.
4. Ask the children to glue these on a craft stick.
5. Make 7 braids with wool for each child. (Prepare them before class starts.)
6. Ask the children to glue the seven braids on Samson's head.
7. Children can hold their "marionette" and speak with their loudest voice.

Samson Made Of Cardboard

Material

- Scissors
- White paper sheet
- Coloured pencils and markers
- Ribbon
- Adhesive tape
- Toilet paper rolls



Steps

- Print the model.
- Ask the children to colour Samson with coloured pencils.
- Then to start cutting it out.
- Ask the children to colour the toilet paper roll to create Samson's body.
- Ask the children to glue the heads and arms on the sides with tape.
- Make the connection with the story of the day.

Activity

The Seven Braids

Material

- Pipe cleaner
- Styrofoam ball
- Coloured pearls



Steps

1. Give 7 pipe cleaners to each child.
2. Ask the children to put beads on the pipe cleaners to create 7 braids.
3. Make the connection with the story: in the Bible, Samson had 7 braids.

Physical Activity

Keeping The Philistines Away

Material

- Balloons
- Empty paper towel rolls (1 per child)

Steps

1. Ask the children to stand on one side of the room and give them all an empty paper towel roll.
2. Place the balloons in front of them.
3. Tell the children that at your signal, they must bring the balloons to the other side of the room using their roller.
4. Make the connection with the story in the Bible. Samson kept the Philistines away from the Israelites.



Snack

Samson's Weights

Material

- 1 package of fudge stripes cookies
- Six oz. chocolate to melt
- 5 long pretzels
- 10 LifeSavers candies
- Tube of white icing



Steps

1. Prepare the snack before class.
2. Melt chocolate according to the instructions on the packaging.
3. Break the ends of the pretzel stems, so that each stem is approximately 5-6" long.
4. Spoon the melted chocolate over the center of each pretzel stick, leaving about 3/4" of the ends uncoated.
5. Slide 3 cookies on each end of the pretzel stems, dry them on wax paper. Melted chocolate will help the cookies stay in place (so do it when the chocolate is still liquid).
6. Slide LifeSavers candy on the ends of each pretzel stick.
7. Now, if you want to add numbers to your weights, (it adds a little something): use tube of white icing.