

Dorcas

Trigger

Help the worm cross the table

Material

- Construction paper
- Scissors
- Straw

Steps

- 1. Cut a piece of paper to have a strip the size of two inches.
- 2. Fold the strip of paper in your hand so that the two ends meet in the middle.
- 3. Fold the two halves in half so that they meet again in the middle.
- 4. Fold it again in the middle.
- 5. Trim the edges to get a cylindrical shape.
- 6. Unfold it.
- 7. Use a straw to blow to move the worm forward. The children's goal is to make the worm reach the other side of the table. Just as Dorcas helped the people around her, the children help the worm.

Key Verse

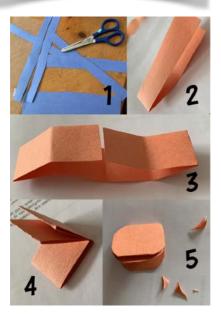
Acts 9:36

Multimedia & Clips

Images

freebibleimages.org







Clip - YouTube

- Slapstick Theater (Tabitha)
- Animated Bible Stories: Tabitha(Dorcas) Is Raised To Life-New Testament

Object Lesson

Learning value

Material

Dimes

Steps

- 1. Hold out a handful of coins (dimes).
- 2. Ask the children which one is more valuable. They will answer "They are all worth the same!".
- 3. Pretend to argue with them that you think the shiny ones are worth more than the dirty or worn ones.
- 4. Finally, ask them how they know they all have the same value. Answers may vary, but make them understand that they are "all coins of the same value" and that each one has the value of a dime".
- 5. Give each child a coin to hold. Just as all of these coins are identical, we as people, as human beings, as God's creation, are identical in the eyes of God.

Songs

YouTube

- · This little light of mine
- Power shuffle

The Heart Of The Father

Prayer

Dorcas was known as a woman who did good works, she loved helping people in need. She is a great example to follow.





Is it always easy to help people around us? No!

Sometimes it is even difficult because:

- We don't want to
- It takes effort
- It requires doing things that we don't like to do.

It is in these moments that we need the help of the Father. Here is a little advice you can follow in these times.

When someone asks you for help and you don't feel like it, ask yourself these questions.

- What would the Father do in my place?
- Would He help them or not?

Do not forget that the Father has a heart of love and compassion and that He wants His children on earth to be a reflection of His heart.

Dorcas understood this and she left us a beautiful model of love and compassion to follow. Imagine if all people on earth lived like this if all people on earth sought every day to do good around them! Wouldn't we live in a better world?

How about we all start changing the world now! Simply doing good works around us.

Prayer

"Father, help me to follow Dorcas' example. Help me to sow good around me and by helping people. I want to carry Your heart within me and be known as a person who does good around her. Thanks for your love. amen »

Application

- 1. Each week, make a decision to do good by helping someone.
- 2. Serving people brings a lot of joy and happiness in their hearts and in ours. Even the little things like opening the door for someone in a store are about being of service and about loving people.
- 3. Make a list with the children of things they can do in everyday life to help someone.
- 4. Happiness is contagious, when we make someone happy, it also makes us happy.



Craft

Time to sew

Material

- Construction paper or felt
- Scissors
- Hole punch
- String

Steps

- 1. With the children, cut out 2 t-shirt shapes from construction paper.
- 2. Then tell the children to make holes all along the edge of the t-shirts.
- 3. Finally, ask them to pass a string through the holes as if you were sewing the two sides of the t-shirt together.
- 4. Make the connection with the story of the day. Dorcas sewed for the people she helped.

Activity

Knitting loom made with toilet paper

Material

- Cardboard roll (toilet paper roll, paper towel roll, food wrap roll, etc.)
- Two popsicle sticks
- Hot glue gun
- Tape

Steps

- 1. With the children, cut or break 2 popsicle sticks in half and place the 4 pieces evenly around your roll of cardboard.
- 2. Then, using a hot glue gun, glue them in place leaving about 3 cm protruding at the end of the cardboard roll.
- 3. Cover the roll with tape.

Optional

 Use your new loom to knit. You will need yarn, a child-friendly sewing needle and scissors.





- Steps to get started. Lay the end of your yarn in the center of the cardboard roll, letting a 4 to 5 inch yarn hang down from the bottom. Gently hold this piece of yarn as you begin to stitch. Starting from the ball of yarn, wrap the yarn once around one stick clockwise, then move on to the second stick, wrapping it once clockwise. Switch to the third and fourth stick in the same way, wrapping the yarn around them once clockwise. Push the yarn to the bottom of the stick and start knitting.
- Steps to continue. Lay your yarn on the first stick, just above the stitch you made. Using your fingers or a wooden skewer, crochet the bottom stitch and gently pull it over the top stitch until it falls off the stick. Pull gently on the end of the thread to tighten the stitch a little. Continue working around your loom, doing the same with each stick: lay the yarn across, pull the bottom stitch up, over the top yarn and out of the end of the stick. Don't forget to tug on the end of the thread from time to time to tighten the stitches. Continue with this form of French knitting until your project reaches the length that works for you.
- Steps to finish. When you get to the end of your project, you need to sink your stitches in a way that secures them and prevents your project from unravelling. Cut your thread, leaving a thread at least 15 cm long. Thread a sewing needle with this thread. There should only be one stitch left on each of your sticks, and these stitches will form small loops when removed from the sticks. Slip the sewing needle under one of the stitches and slide the loop off the batting. Work around the loom until all the stitches (loops) are removed from the loom and placed over the thread of your sewing needle. Gently pull the tail and close the curls, then tie a knot near the curls to hold everything in place. Tie a similar knot at the opposite end of your knitting.

Physical Activity

Share the t-shirt

Material

Big t-shirt

Steps

- 1. Ask the children to line up.
- 2. Have the first child put on the oversized t-shirt.
- 3. The children must pass the t-shirt without removing it completely. To do this, they hold hands and must pass the t-shirt without letting go. It's a challenge.
- 4. Make the connection with the story of the day. Dorcas sewed pieces of clothing.





Snack

Clothesline

Material

- Vegetables
- Fruits
- Knife
- Plates
- Cereals

Steps

- Before class, cut fruits and vegetables into different clothes shapes. For example, cucumbers in pants, peppers in dresses, carrots in shorts, apples in skirts, pears in shirts, etc.
- 2. Then create clothespins with various vegetables and fruits.
- 3. Distribute a plate, cut fruits and vegetables and a share of cereal to all the children.
- 4. Tell the children to arrange the clothes and food pins on an imaginary clothesline on their plate.
- 5. Then tell them to place the cereal on the bottom of their plate to create a floor.

Skyler's Zoo

YouTube

Skyler and the Marmoset

